



TEMPLE NER AMI

# MEGILLAH



TAMMUZ-AV 5773

ISSUE 68 - JULY 2013



Ayla Dvoretzky  
Bat Mitzvah  
June 22, 2013



# The Art of Welcoming: Friendship

Rabbi Lisa Bock

**Friendship is man's greatest gift. – Moses Ibn Ezra**

Have you ever had the experience of walking into a community, a gym, a golf or tennis club, or even a class for the first time? (Of course – we all have!) How did it feel? Did you feel right at home immediately? Probably not.

I remember the first time I joined a gym. Interested in their hip hop class, I finally went because a friend invited me. I had no idea how to do hip hop, and I was a bit scared – I did not even know what to wear. I walked in and felt out of place, awkward, and I was sure everyone knew I was new. But when I saw my friend, I felt a huge sense of relief. Suddenly I had my guide, a bit of reassurance, and my comfort level rose. I went again, and then again. I made friends in the hip-hop class, and pretty soon I joined the gym. After a while, I even started to take other classes. I no longer felt like a stranger – the gym had become **my gym**. But it was that first invitation, that first class, standing next to my friend, who helped me to know where to stand, what to expect, and what to do, that made it possible in the first place.

Belonging to a temple can be a similar experience. You might remember how strange it felt to walk into a new synagogue and wonder if you would know anyone, or at least meet someone nice – will the melodies be the same, will someone say “Shabbat Shalom,” will you leave feeling like it mattered that you were there?

Imagine how many people who might never get that first invite from a friend or be greeted at temple events, including Shabbat - who would make them feel at home, look forward to seeing them, knows what to do, and then meet new people, and mingle at the oneg afterwards?

Now imagine how wonderful it would feel to make or receive a call to get together for dinner and go to services on Shabbat. Imagine walking in and seeing people you know, people who are looking forward to seeing you, developing friendships, and being Jewish together.

*Torah can be acquired only through friendship. – Talmud, Berakhot 63b*

In the Talmud it says Torah is acquired only through friendship. When we study, we do not study alone – we study either as a group or in chevruta – pairs. It is through the interaction with others, that true learning takes place.

When we pray, when we get together to say Kaddish, we require ten Jewish adults. Pirke Avot teaches us that when ten Jews get together to study Torah, the Divine Presence is in their midst. It is really not possible for a Jew to be fully Jewish alone, without community. We need each other, we need friendship, and we need community. You are needed. Your presence and friendship is needed.

*Friendship is like a treasury: you cannot take from it more than you put into it. -- Benjamin Mandelstamm*

We are Jews, and we are instructed in the Torah to “love the stranger, as you were once strangers in the land of Egypt.” (Deuteronomy 10:19). We must first remember what it is like to be the stranger, and then like Abraham, we must rush to the stranger in our midst and welcome them.

In Mussar, Jewish Ethics, one of the character traits we study is generosity. It is an act of giving, of generosity, when we welcome others, when we give our selves in friendship. I believe generosity is one of the character traits that lies at the heart of Jewish community.

We can show our own generosity and practice the *Art of Welcoming* when we:

1. Invite a friend to temple services and events, and perhaps even have them over for a meal. All it takes is a phone call, and your caring.
2. Say hello to the person sitting next to you at services, ask their name, join them at the oneg.
3. Take a class (or even ask for a class you'd like to take). – Invite a friend to take a class with you! This is one of the best ways to get to know people!

4. Participate in synagogue events – and yes, invite a friend!

5. Speak to people you do not know at the Shabbat Oneg, introduce yourself, and ask their name.

6. Join a havurah – one way to develop lifelong friendships is to join a havurah. A havurah is a group of temple members with common interests who get together outside of temple and together may travel, dine, go to theatre, study, and many other fun activities.

7. Get involved with the Sisterhood or other groups and even committees that are an integral part of temple life.

8. Call or visit a friend from temple when you haven't seen them in a while. Let them know you miss them.

9. Let the temple office know if you or a friend is ill, so your clergy and temple community may offer additional support and caring.

10. Volunteer to help set up at an oneg, bring bagels to Torah study Saturday mornings at 9:00 am, or help at a temple event or perhaps in the office. Yes, this is generous and welcoming!

11. Join us for Torah study – offered on Shabbat mornings at 9:00, and Wednesdays at noon. Adult education classes are regularly offered at 7:00 pm on Tuesday evenings. There are so many opportunities to learn and participate – check the Ner Ami calendar!

12. This list of welcoming ideas is just a start – I am sure you can think of many more. Better yet, act on them!

These are just a few ideas that when we carry them out, make our temple a warm, welcoming, active and vibrant place to be!

*With peace and blessings,*

Rabbi Lisa Bock

**Do not separate yourself from the community...**  
—Hillel, Jewish sage, 1st century B.C.E.



TEMPLE  
NER AMI

515 Temple Avenue  
Camarillo, CA 93010

www.TempleNerAmi.org

Office Hours:  
Mon-Fri, 9am - 2pm

Telephone/FAX

(805) 388-3824

(805) 383-1011

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Joan Frank, Vice-Pres.

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Mark Malloy, Administrator

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Cantorial Soloist

Alonso Cervantes,  
Building Maintenance



Our cover photo provided courtesy of **Ken Bahr, Infocus Photography and Video**, and by the **Dvoretzky-Spielman family**.



## Grow our Temple Community at the Camarillo Fiesta & Street Fair!

Temple Ner Ami is excited to reach out to other Reform Jews seeking community and spirituality. We have reserved a booth space at Camarillo's Annual Fiesta and Street Fair in Old Town Camarillo, the weekend of July 13-14. Let's share our enthusiasm for the warm culture that our Temple provides!

Watch for sign-ups for the booth at the end of June. In the meantime, if you have any ideas for how to create a great booth experience, please call Cathy Kim-Lieb, 822-7510.



**Saturday night June 29th is our night to serve at Oxnard's Rescue Mission. Volunteers need to be there at 4 pm and we will work until 6 pm. If you are interested in volunteering to do this important work, please contact Alison Grossmann at (805) 987-9627 or at [Alstyle@verizon.net](mailto:Alstyle@verizon.net).**

**The Rescue Mission is at 234 E. 6th St. (at Meta St.) in Oxnard**

## High Holy Days Choir Practice on Mondays

High Holy Days are around the corner! If you like singing, you are welcome to join us in the sanctuary every Monday from 7 PM to 8:30 PM.

Call or text 818-489-4447, or eMail Moises Mercado for more info at: [mnm1955@gmail.com](mailto:mnm1955@gmail.com).



Sarah Brejensky, George Benson, Isabel Blau, Arlene Cohen, Alan Crane, Betty Fink, Beverly Kerwien, Jennie Roach and Anne Wolfson



The Board of Directors wishes to thank those members who have made an extra special financial commitment this year to support Temple Ner Ami.

Isabel Blau  
 Rabbi Lisa & Ken Bock  
 Naomi Brill  
 Howard & Shari Brody  
 Robert & Joyce Brown  
 Seth & Charlotte Brandes  
 Drs. Walter & Gina Burstein  
 Jay & Arla Crane  
 Karen Dworsky  
 A. Dvoretzky & S. Spielman  
 Lee Edwards  
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 John & Beverly Kerwien  
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Steve & Jennifer Moore  
 Saul Lessler & Julia Newman  
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 Moises Mercado & Bonnie Shubb  
 Arthur & Fran Titen  
 Ron & Sarene Wallace  
 Doris Weinberg  
 Jim & Allyson Williams  
 Marc & Cynthia Wolfsohn  
 Allen & Marcia Zatkin

## Music Lessons

Learn How to Play The Instrument You Always Wanted  
**Flute, Saxophone, Clarinet, Singing, Guitar, Bass,  
 Piano, Keyboards, Drums, Percussions...**

**Instructor**  
**Moses Mercado**  
 National Conservatory of Music



**moysmusic@hotmail.com**

**Home Studio: Newbury Park, Ca (Dos Vientos) 805-499-7774**

**Lessons at My Home Studio or Your Home**



**SHA' BBQ**  
 Friday May 31, 2013

Burgers-Hot Dogs-Veggie Burgers  
 Side/Salads, Desserts  
 and Shabbat



*Our First Sha'BBQ was a huge success with over 100 attending the dinner and service!*



*Temple event photos provided by Allyson Williams.*



## Shalom Y'All

by Gil Ramot

The word inspiration in Hebrew is hash-ra-a, but the infinitive is le-o-rer hash-ra-a, which literally translates to "waking up inspiration." That is how I feel every time I meet with Ner Ami teachers; they "wake up" my inspiration. Upcoming columns will be dedicated to our wonderful teachers but this month I want to focus on a group of young people who also "wake up my inspiration": the **Tzofim, the Israeli Scouts.**

The Tzofim Caravans are troupes of talented high school students touring throughout North America this summer, displaying the beautiful youth and culture of Israel. They are young ambassadors of both the Scouts and the State of Israel. The 10 teenagers—five gals and five guys, come from big cities and small towns. They come from large families and small ones. They study biology, economics and psychology, computer science, art, chemistry, cinema, physics, Spanish, French, ecology, and sociology. Their hobbies include horseback riding, playing music and sports, cooking and theater. Their Scout projects include working with physically and developmentally challenged youth and new immigrants.

You can meet this remarkable group of young people when they come to Temple Ner Ami on Sunday June 30, at 5 pm. There will be music and dance, singing and stories that offer an experience of Israel as seen through the eyes of the members of Caravan "Gilad." You'll have

a chance to talk with them and listen to their stories as each one brings his or her life experience to this entertaining show. The show is like Glee or High School Musical. When the Scouts take the stage they perform with passion, enthusiasm and soul. It is the best show and you do not want to miss it.



The show is sponsored by the Jewish Federation of Ventura County. It is appropriate for all age groups, and it is FREE.

We are so excited to have the Scouts performing at Temple Ner Ami, and we are excited to host them in our homes. Please join us on June 30th to welcome the Scouts and show them what a great community we are.

One thing that Ner Ami teens have in common with the Tzofim is that they spend time together with their friends having fun and also doing Tik-

kun Olam—making the world a better place.

This summer, Ner Ami teens and other Jewish youth throughout Ventura County come together for Teen Haverim Summer Traveling Camp. There's still plenty of time to sign up. In addition to trips to the Dodger Game, Channel Islands, Magic Mountain and the beach, there are weekly Tikkun Olam projects like Food Share and the Rescue Mission. For more information contact Gil Ramot at gilramot@hotmail.com or federation@jewishventuracounty.org.

## Gratefulness May Enhance Health

by Teri Helton

Gratitude is an attitude of being thankful or appreciative for what we have instead of focusing or feeling bad about what we do not have. Ancient scriptures teach us that gratitude can benefit our health. Is it possible that ancient wisdom seekers were right about an attitude of gratitude having a positive effect on health?

According to a study done by Robert Emmons of UC Davis, people who routinely practice gratitude generally experience better health. The study shows that this may be because grateful people tend to take better care of themselves by eating a healthy diet, engaging in regular exercise, and having regular physicals. Additionally, grateful people seem to handle the stresses of life better which can lead to healthier immune systems.

Often stress brings about negative, sad, and angry feelings that can be self-perpetuating, resulting in depression and a decline in self-care, such as poor diet, lack of exercise and changes in sleep patterns. Research shows that poor diet, lack of exercise, and constant stress are part of a continuum of chronic diseases, such as diabetes and heart disease.

Interestingly, some stress is good for us and helps us strive to live productive lives and to adapt to the changes life hands us. However, continual unremitting stress creates inflammation of the tissues and depresses the immune system. The human body was designed to respond to danger by activating the fight-flight stress response by producing cortisol and adrenaline which help the heart beat faster, help the lungs breathe faster, the liver to produce more sugar and the muscles to become tighter, all of which are needed for running or fighting. However, chronic and relentless stress causes

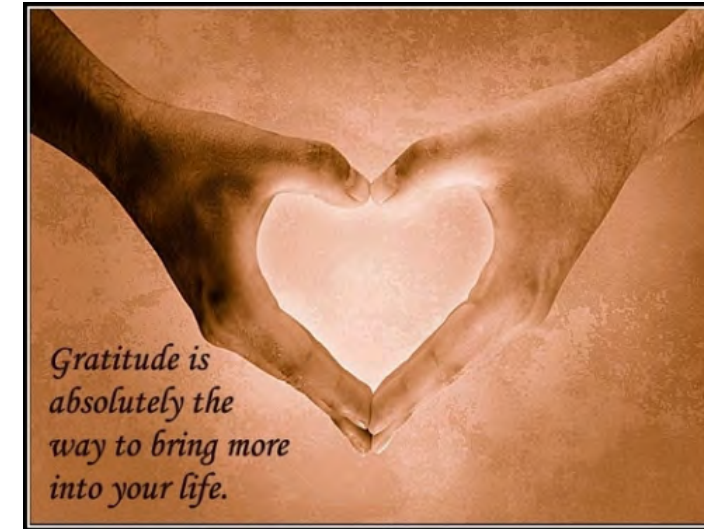
continual and chronic elevation of cortisol and adrenaline, which negatively impacts the body through persistent wear on the heart, tension on the muscles and blood vessels, and overproduction of glucagon. Also, perpetual production of cortisol decreases the number of active T-cells and shrinks the thymus gland, allowing for reduced immunity.

On the other hand, studies show that when stress is controlled through emitting positive feelings, the immune system is enhanced through stimulation of Natural Killer Cells which fight pathogenic intruders. The NK cells are stimulated by interleukins which have been shown to be positively affected by feelings of excitement, happiness, exercising, satisfaction and bliss.

So, what we think and feel can have an impact on our health. When the mind-body balance is poor, our immune response becomes dysfunctional allowing for inflammation of tissues, wear on body,

and a general run-down aspect physically, mentally and emotionally, which can lead to chronic and age-related diseases. But there is hope and help in the simple method of practicing gratitude on a daily basis as per Emmon's study which showed that daily journaling about five things you are grateful for helps with optimism and a general feeling of wellbeing, as well as improved sleep. Suggestions for the journey of gratitude toward health include, but are not limited to:

- **Keep a daily gratitude journal**
- **Tell your friends and others that you are grateful to them**
- **See adversity as an opportunity to learn and grow**
- **Change from negative to positive thoughts**



**Wednesday, August 28th**

**SAVE the DATE**

Opening Day of Torah School and Teen Connection.  
Rosh Hashanah Family Scavenger Hunt at  
Santa Rosa Valley Park—Hill Canyon.



**Daniel Pearl**

**WORLD MUSIC DAYS Oct. 27, 2013**

**Boys & Girls Club of Camarillo - 1:30 pm**

**SAVE the DATE**



Bobbe Jacobs  
**President**

Gail Kleinman  
**Vice President**

Elvira Cabelli  
**Recording Secretary**

Naomi Brill  
**Corresponding Secretary**

Shari Brody  
**Treasurer**

Arla Crane  
**Publicity & Programs**

Contact us at:  
**Sisterhood@  
templenerami.org**

## Sisterhood Shines at First Womens' Shabbat Service!

The first Sisterhood sponsored Women's Shabbat Service was held on June 7th. Twenty two women were honored for their contribution and support of the Temple and/or Sisterhood. Each woman took part in the Service and Arla Crane read from the newly refurbished Torah.

Rabbi Lisa expressed her deep appreciation to the Sisterhood who funded the restoration on one of our two Torah Scrolls. A new *atzei chayin* ( the dowels on which the Torah moves ) was also added and it looks quite beautiful. The repair, which takes a lot of time, was quite costly. Sisterhood is very pleased to have been able to do this for the Temple! Bobbe Jacobs and Shari Brody were honored as they were called upon to present the Torah for the *Hakafa* as it was carried around the sanctuary. All members of Sisterhood who were in attendance came up to say the prayers before and after the Torah reading. Arla, surrounded by Sisterhood as she read from the Torah, made all of us proud. The Rabbi installed the new Sisterhood Board, offered prayers for its success, and both Rabbi and Cantor praised the women for their tireless efforts to help the Temple. We welcome two new members to the Board, Marcia Zatkin and Bev Kerwien who will serve as Members-at-Large.

These following women were presented with a flowering plant for helping the Sisterhood and Temple grow: Rabbi Lisa Bock and Cantor Karen Dworsky were the first two woman honored for their continual religious leadership.

Jean Shev, the third to receive recognition, is responsible for starting our Sisterhood many years ago.

The women who serve as members of our Temple Board of Directors were the next group of honorees: Barbara Davis, Joan Frank, Nadine Frankel, Verna Merrin, Bonnie Shubb, Susan Weinstein and Cathy Kim-Lieb.

Julia Newman, our retiring Torah School Director, Phyllis Mandel, our Librarian, and

Allyson Williams, our official Temple photographer, were presented with plants and given many thanks for their work. Lisa Schwartz, a new Temple member; Jennifer Moore; and Robin Elliott were recognized for working on special events during this past year.

This final group, who are well known around the Temple, were called up for their recognition: Lee Edwards, Libby Pierce, Arlene Bergman, Harriet Lit and Raja Desenberg.

Rabbi Lisa Bock received a gift of appreciation for her successful and very busy first year as our Rabbi.

The big surprise of the evening was the announcement of our choice for **Woman of Valor** for 2012-2013. **Phyllis Mandel**, a retired librarian, earned this distinguished title.

Phyllis is very deserving of this honor as she has volunteered hundreds of hours in our Temple library during these past three years. She has worked many weekdays for 3 or 4 hours to keep the library organized. Phyllis set up the library when we moved to our new location and then did it a second time when new book cases became available. Our Temple is so fortunate that Phyllis has devoted her time and energy to maintaining and improving the library. She encourages reading through writing book reviews and her leadership in book clubs. Many thanks from all of the congregation for the great work that Phyllis has done! Her name will join the Women of Valor plaque which displays the names of the Temple women who have been previously honored.

It was a delightful service followed by an extra special Oneg. Thanks to all who helped by contributing fruit and baked goods. Sisterhood will be looking for women to recognize for next year's Sisterhood Women's Shabbat Service!

Two events that you will want to attend are being planned for July and



August. On Thursday evening, July 25, we will have another of our popular Game Nights at the Temple. There will be Mah Jong, Hand and Foot, Poker and Bridge. Arla Crane's famous "30 minute bridge lesson" will be taught for those who would like to learn. Other games are possible if there is interest.

Save Friday, August 23 for **Julia Newman's Retirement dinner and Shabbat service**. It will be a catered meal with a cost of \$25. per adult and \$12 for children 12 and under. This is an evening that you won't want to miss.

Sisterhood is having a 50% off sale of all items in our gift cabinet. It is open prior to service on Friday evenings or you can call Bobbe Jacobs to schedule a time to shop. We are looking for suggestions for new merchandise that you would like. Please see Bobbe, Naomi or Shari with your wish list.

These wonderful ladies have already paid their Sisterhood dues of \$25 for the new 2013-2014 year: Sharron Parker, Gail Kleinman, Sharon Spielman, Gina Burstein, Rabbi Lisa, Lee Edwards, Shari Brody, Bobbe Jacobs, Phyllis Mandel, Naomi Brill, Arla Crane, Marlynn Block, Flo Doctrow, Harriet Lit, Sharon Green, Libby Pierce, Chana Kreitzer, Judy Foxman and Jean Shev.

We would like to add your name and reach our goal of 50 members. Please write your check today. Your dues help support the Torah School and the Temple. We would love to have you as a member!

*Shari Brody and Bobbe Jacobs*





**Annual Meeting - Wednesday, July 10th, 2013 at 6pm**

Temple Ner Ami Members,

On behalf of the Board of Directors, I am advising the membership of Temple Ner Ami of the Annual Meeting, taking place at 515 Temple Avenue, Camarillo, on Wednesday, July 10, 2013 at 6pm. Election of new members to the Board of Directors will take place, plus year-end reports and the budget for fiscal year 2013/2014 will be presented.

All members are strongly encouraged to attend.

The next page is your household's individual Ballot and Proxy Statement. The top half is the ballot. If you prefer not to vote, you have the right to assign either the President of the Temple or another member to vote for you by proxy.

**Please mail your Ballot and Proxy Statement to Temple Ner Ami so that it is received on or before June 30, 2013.**

If you are a member and regularly receive eMail messages from the Temple, you will also be given the option to vote online. Watch the eNEWS for instructions.

If you have questions, please do not hesitate to call the Temple office, or contact me via email at [keith.elliott@templenerami.org](mailto:keith.elliott@templenerami.org)

L'Shalom,

Keith Elliott

Keith Elliott  
President, Board of Directors

TEMPLE NER AMI - 515 Temple Avenue, Camarillo, CA 93010  
Telephone: (805) 388-3824 FAX: (805) 383-1011 [TempleNerAmi.org](http://TempleNerAmi.org)



**For Members Only of JEWISH FAMILIES OF CAMARILLO, INC.**

A California Non-Profit Corporation DbA TEMPLE NER AMI

**Annual Meeting 6:00 PM, Wednesday – July 10, 2013  
Directors Ballot & Proxy – 2013/14**

Directors Gary Goltz, Steve Moore, Steve Graff, Keith Elliott, Joan Frank, Cathy Kim, Barbara Davis, Susan Weinstein and Bonnie Shubb will return for the second year of their two year term. The Nominating Committee of Temple Ner Ami has proposed the following candidates for addition to the Board or Directors. Each director shall serve for a period of two (2) years. Place an X next to **each** name you approve of.

\_\_\_ Naomi Brill    \_\_\_ Julia Newman    \_\_\_ Mitchell Schwartz    \_\_\_ Lisa Schwartz    \_\_\_ Melissa Trinidad

OR write-in candidate \_\_\_\_\_

\_\_\_\_\_  
Member's Name

\_\_\_\_\_  
Member's Signature

\_\_\_\_\_  
Date

***IMPORTANT: If you do not cast your ballot via eMail, please vote by cutting out, completing, and returning this ballot/proxy statement to Temple Ner Ami by June 30, 2012.***

**If you do not wish to vote, please complete the proxy below.**

The undersigned member of the above-named organization hereby revokes all previous proxies, acknowledges receipt of the notice of the upcoming annual meeting and appoints:

CHECK ONE ONLY:     The President of this organization

OR

\_\_\_\_\_  
(another member of Jewish Families of Camarillo, Inc.)

as proxy of the member. By this proxy, the proxyholder shall have the power of substitution and revocation and the power to use this proxy and otherwise represent the member at said meeting and any adjournment thereof in the same manner set out below. Any act the proxyholder shall take pursuant to this proxy shall have the same effect as if the member were present and so acting.

This proxy shall be used for the purpose of establishing a quorum. In addition, with regard to voting on matters set forth below, or on other matters which may come before the meeting the proxyholder is hereby instructed to use this proxy as follows:

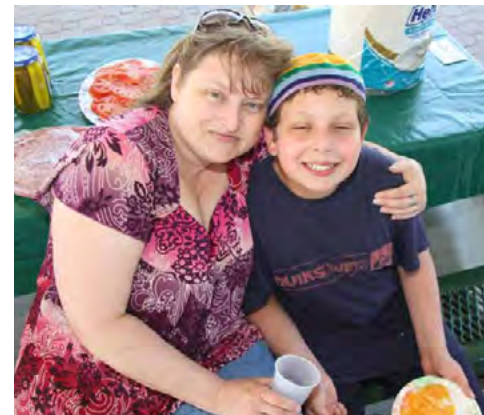
\_\_\_ This proxy is to be used for quorum purposes only and may not be voted.

\_\_\_ This member chooses to abstain from voting for new board members, but instructs the proxyholder to vote as she/he deems advisable on other business that may come before the meeting.

\_\_\_ This proxy will be voted, as the proxyholder deems advisable on each matter, and on other business that may come before the meeting. The primary purpose of this proxy is to elect new board members.

Member's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Member's Name \_\_\_\_\_



**Hope you didn't miss the fun at our Annual "Last Day of Torah School" Picnic at Mission Oaks Park**



**Who do I want my child to be?**

- a) a happy camper
- b) a proud Jew
- c) a *mensch*
- d) all of the above

If you answered a, b, c, or d... give your son or daughter a summer experience that will pay dividends for a lifetime.

**These exciting Summer Camp Activities are sponsored by the**



**For registration go to [www.jewishventuracounty.org](http://www.jewishventuracounty.org) Click on "Summer Camp"**

### Teen Haverim

for incoming 6-12 graders  
June 18-July 25 (No camp July 1-5)

A summer outing and mitzvah program for Jewish teens. Meets in the afternoons from 1:00-5:00 (some exceptions) on Tues, Wed and Thurs. Two afternoons a week are devoted to traveling and having fun together and one afternoon is planned as a tikkun olam (community service). Outings include: Kayaking, Train Trip, Magic Mountain, Overnight Camping, Dodger Game, Movies, Lazer Tag, Beach BBQ.  
Location: Temple Ner Ami, Camarillo. Contact: Gil Ramot - (805) 388-3824; (805) 223-3497 eMail: gilramot@hotmail.com.

### CAMP RUACH (SPIRIT)

for incoming 4-5th graders - July 22-July 26 (9am-4pm)

Got Ruach?? Then you'll want to go to a *spirit* filled camp experience designed specifically for active 4th & 5th graders. Learn fun new words in Hebrew like *Glee-da* as you go on day trips to Sky High, Vertical Heaven, Firefly Pottery, Casitas Water Park, Golf 'N Stuff, Movies. There's also Cooking, Arts & Crafts and Water Fun. And don't forget--making new Haverim (friends)!  
Location: Temple Beth Torah, Ventura Contact: Danielle Stoyanoff (805) 647-4181 x19 eMail: tssecretary@templebethtorah.com

### Camp Gan Israel

Ages 6-10 and 11-13 - July 8 - July 26

Give your child a summer in a wholesome environment for mind, body and spirit, nurturing Jewish identity and friendships! At our beach-front location, activities such as art, sports, cooking, Hebrew and field trips are used as a springboard for developing values and character building. Children will participate in community service projects and doing mitzvot while having organic-fun and creating memories to last a lifetime!  
Location: Chabad of Oxnard  
Contact: Racheli Muchnik (805) 382-4770 eMail: info@chabadofoxnard.com

### Camp Kef (fun)

for incoming 1-3 graders - July 29-Aug. 9 (9am-4pm)

Jewish camp has never been this much *kef* (fun). A wonderful summer program for young children which includes arts & crafts, baking, water-play, sports and field trips to Pump-It-Up, Children's Museum, Bowling and more...  
Location: Temple Beth Torah, Ventura  
Contact: Danielle Stoyanoff - (805) 647-4181 x19  
Email: tssecretary@templebethtorah.com

### Gan Camarillo Preschool

Pre-K and Kinder, July 1- July 26 (9:30am-3pm)

Challah baking, Stories, Israeli dance, Drama. Jewish songs, group discussions and creative crafts, combine to create an atmosphere of joy, fun and spirit in each child that attends! Our experienced early childhood educators provide a safe and loving environment where each child feels "at home".  
Mon.-Fri., half day options available.  
Location: Gan Camarillo Preschool  
Contact: Leah Lang (805) 982-0831 eMail: Leahlang@gmail.com

## Eager Readers Book Club

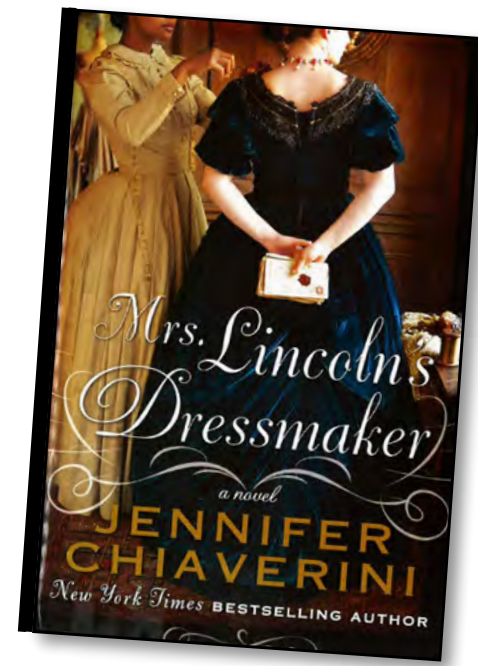
Meets Tuesday, July 9th, 11am

### July Book: Mrs. Lincoln's Dressmaker

New York Times bestselling author Jennifer Chiaverini illuminates the extraordinary friendship between Mary Todd Lincoln and Elizabeth Hobbs Keckley, a former slave who won her freedom by the skill of her needle, and the friendship of the First Lady by her devotion.

In Mrs. Lincoln's Dressmaker, novelist Jennifer Chiaverini presents a stunning account of the friendship that blossomed between Mary Todd Lincoln and her seamstress, Elizabeth "Lizzie" Keckley, a former slave who gained her professional reputation in Washington, D.C. by outfitting the city's elite. Keckley made history by sewing for First Lady Mary Todd Lincoln within the White House, a trusted witness to many private moments between the President and his wife, two of the most compelling figures in American history.

Keckley saved scraps from the dozens of gowns she made for Mrs. Lincoln, eventually piecing together a tribute known as the Mary Todd Lincoln Quilt. She also saved memories, which she fashioned into a book, Behind the Scenes: Thirty Years a Slave and Four Years in the White House. Upon its publication, Keckley's memoir created a scandal that compelled Mary Todd Lincoln to sever all ties with her, but in the decades since, Keckley's story has languished in the archives. In this impeccably researched, engrossing novel, Chiaverini brings history to life in rich, moving style. *(Customer review from amazon.com)*



Each month a member selects a book for all members to read and discuss at the next meeting. Joining the club means you are reading at least one outstanding book every month. What a great idea! Please join us July 9th in the Irv Dubin Library, at 11am.

## Teachers' Dinner kicks-off "Ner Tamid" Annual Giving Campaign

At her retirement dinner, Julia and Saul seeded the new **Ner Tamid Annual Giving Campaign**, which will officially begin in the Fall 2013. The new title reflects both our Temple's name, "Ner Ami" (Light Unto Our People) and "Ner Tamid" (Eternal Light). In her talk Julia likened the teachers, the leaders and the supporters of the Temple as an inspirational "eternal light" to future generations. She also spoke of the practical aspect of "keeping the lights on", literally paying our bills.



## EVERY DAY IS A NEW BEGINNING

By Diane L. Gough, M.A., MFT

Life certainly throws us curve balls. One day Harriet Lit and I are talking about starting a loss support group for Temple Ner Ami, and then BAM! The next week my family is evacuated during the Springs Fire in Camarillo. Feelings of loss, grief and disbelief surround me. When you face leaving your home in an instant because of a fire you realize what is important to you. I left quickly with my husband, daughter, two cats and dog. Many friends and

family members called us to "check in" and offer love and support and a place to stay.

When I reflect on the overwhelming experience, I believe that the support and generous offerings of the people we love got me through the feelings of loss and devastation.



Because of this recent experience I believe I will be a stronger leader of our new loss support group. Please come and join this group, and learn to share your personal experiences, helping yourself and others.



## So-Cal Edison Medical Baseline Program

If you or someone who lives with you full-time has a medical condition that requires electricity-powered life support equipment, you may be eligible

to receive additional baseline allocation. Certification by a doctor is required.

Medical Baseline program offers an additional year-round baseline allocation of 16.5 kWh per day in addition to your applicable seasonal baseline and the baseline for your region. You can apply for additional kWh if you have a hardship case and need more.

To be eligible for Medical Baseline, you or someone who lives with you full-time must require use of a medical life-support device or piece of equipment. Life support devices utilize mechanical or artificial means to sustain, restore or replace a vital function.

You or a full-time resident can also be a paraplegic, hemiplegic, quadriplegic, multiple sclerosis or scleroderma patient, or have a life-threatening illness or compromised immune system.

To obtain a pamphlet with and application, and more info, call SCE at 800-447-6620.



### Life-Support Devices Include:

- ▶ Aerosol Tent
- ▶ Pressure Pad
- ▶ Apnea Monitor
- ▶ Pressure Pump
- ▶ Compressor / Concentrator
- ▶ Respirator (all types)
- ▶ Electronic Nerve Stimulator
- ▶ Suction Machine
- ▶ Oxygen Generator
- ▶ Ultrasonic Nebulizer
- ▶ Electrostatic Nebulizer
- ▶ Inhalation Pulmonary Pressure
- ▶ Breather Machine (IPPB)
- ▶ Iron Lung
- ▶ Dialysis Machine
- ▶ Hemodialysis Machine
- ▶ Motorized Wheelchair





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## JULY BIRTHDAYS Members & Children

Arthur Titen	Wednesday, July 3rd	Harriet Lit	Sunday, July 14th
Alex Goltz	Sunday, July 7th	Marilyn Seiden	Friday, July 19th
Kim Honig	Sunday, July 7th	Ruth Fridberg	Monday, July 22nd
Keith Elliott	Monday, July 8th	Noah Steinberg	Monday, July 22nd
Joseph Saleh	Monday, July 8th	Marlene Votion	Monday, July 22nd
Kenneth Wilson	Monday, July 8th	Dr. Maynard Belzer	Thursday, July 25th
Lawrence Borelli	Wednesday, July 10th	Kate Baratta	Sunday, July 28th
Jacob Scheerger	Friday, July 12th	Arlene Bergman	Monday, July 29th
Adriann Santer	Saturday, July 13th	Shlomo Kreitzer	Monday, July 29th

\* This table is based on Temple records. If your information is missing or in error, please contact the Temple office.

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## JULY ANNIVERSARIES

Name	Date	Year
Dale & Bobbe Jacobs	July 9th	41st Anniversary
Seymour & Harriet Heiss	July 11th	65th Anniversary
Isabel Blau	July 14th	
Walter & Gina Burstein	July 15th	34th Anniversary
Lawrence & Gail Kleinman	July 18th	46th Anniversary
Dan & Mary Harris	July 29th	2th Anniversary

\* Listings based on Temple records. If your info is missing or in error, please contact the Temple office so we may correct our database.



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## TODAH RABBAH - Means Thank You!



**YES!** We on the Oneg Committee like to thank you who volunteer to help us each month in both Hebrew and English! We couldn't offer our congregation the beautiful Onegs each week without your help. Here are the names of the volunteers who helped during the month of June:

On May 31st Rene & Kathy D'Inca sponsored in honor

of their son Cooper's Bar Mitzvah.

On June 7th, our active Sisterhood treated us to a wonderful display of delicious pastries and fruit in honor of their retiring officers and in honor of their new officers. Our congratulations to incoming President, BOBBE JACOBS, and her new Board. We wish them a productive and satisfying year.

On June 21, the Oneg was sponsored by AARON

DVORETZKY and SHARON SPEILMAN, parents of AYLA DVORETZKY, in honor of AYLA's Bat Mitzvah which was held on Saturday, June 22. Our thanks and congratulations to the Dvoretzky Family on this important occasion in Ayla's life.

June 28th was sponsored by BONNIE SHUBB in honor of her father, Mark Schwade, who passed 50 years ago.

You too can join this active group of volunteers who help with the Onegs each week. All you have to do is call ARLA CRANE at (805)987-2000 and tell her which Friday night you would like to serve. You are requested to either bring some of the food to be served or write a check to the Temple for this honor. We look forward to hearing from you. This is such a meaningful way to honor someone who is celebrating an important event in their lives or to honor the memory of someone who has passed away.

Your Oneg Committee:

JOSEPHINE FREIFELD, Oneg Chair

ARLA CRANE, Chair-Volunteer Sponsors (805) 987-2000

NAOMI BRILL, Editor

## Share Your Genealogical Successes & Failures



Come to the Jewish Genealogical Society of the Conejo Valley and Ventura County\* (\* and surrounding areas)

Sunday, July 14, 2013 1:30 p.m. - 3:30 p.m.

at Temple Adat Elohim

2420 E. Hillcrest Drive, Thousand Oaks, CA 91362

### "Genealogy In The Round:

### Share Your Successes, Failures, Artifacts and Brick Walls"

Come and share a genealogical success, failure, brick wall, or genealogical artifact! This is YOUR meeting—We all learn from one another—take this opportunity to share your genealogical story—success or failure, ask questions about your brick walls, and more!

If you wish to participate in the program, please contact Jan Meisels Allen at [president@JGSCV.org](mailto:president@JGSCV.org). Each participant will be given 5-10 minutes to share—depending on the number of presenters. Whether you are a JGSCV member or a potential member—we'd love to hear your genealogical story.

The Jewish Genealogical Society of the Conejo Valley and Ventura County is dedicated to sharing genealogical information, techniques and research tools with anyone interested in Jewish genealogy and family history.

Meeting co-sponsored with Temple Adat Elohim

There is no charge to attend the meeting.

Anyone may join JGSCV.

For more information contact [information@JGSCV.org](mailto:information@JGSCV.org) See: [www.JGSCV.org](http://www.JGSCV.org)

Or call Jan Meisels Allen@ 818-889-6616



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# The Temple Gratefully Acknowledges the Following Tributes & Contributions

## Honorariums & Memorials

*Maynard & Jeri Belzer*

In loving memory of Maynard's mother and father, Frieda and Marvin Belzer

*Lawrence & Nancy Borelli*

In loving memory of Nancy's father, Joseph Redman

*Sarah Brejensky*

In loving memory of her family's yahrzeits, Lena & Isaac Klempner, David & Jenny Brejensky, Mac & Phil Brejensky, Ruth Levy and Minnie Benett.

*Gloria Brodie*

In loving memory of her father, Albert Brooks, of her uncle, David Pollock and her aunt, Florence Weiss

*Richard Erlich*

In loving memory of his mother, Bea Erlich

*Sharon Green*

In loving memory of her husband, Alvin Green

*Diane Honick*

In loving memory of her mother, Florence Gorelick

*Edith Kuznitz*

In honor of Mrs. Morris Blossom Trustman

*Richard and Robin Lefkovits*

In honor of Ayla Dvoretzky's Bat Mitzvah

*Phyllis Mandel*

In loving memory of her mother, Clara Schechtman and her brother, Joseph L. Schechtman

*Verna Merrin*

In loving memory of my friend, Sol Brejensky

*Libby Pierce*

In honor of Julia Newman's retirement, and in honor of Julia Newman's retirement

*Gerald & Natalie Rosen*

In loving memory of Natalie's father, George Schneiderman

*Albert Schwartz*

In loving memory of his mother, Ray Schwartz and of his father, Jeno Schwartz

*Judith Siegel*

In memory of Sol Brejensky

*Frances Yasney*

In honor of Julia Newman's retirement and the Seidler's 69th anniversary

*Seymour Zimmerman*

In Loving Memory of his mother, Nettie Zimmerman

*Lawrence Kleinman*

*Gary Lieb & Cathy Kim-Lieb*

*Phyllis Mandel*

*Mitch & Lisa Schwartz*

In Support of Steve Moore's weight loss fund-raising program

## General Donations

*Naomi Brill*

*Bernice Epstein*

*Stanley & Loretta Reshes*

## Newman Scholarship Fund

*Jean Shev in loving memory of the Shev family*

## Rabbi's Discretionary Fund

*Gail Kerwien in honor of Mildred Rosen Enten, sister of Beverly Kerwien*

## Special Support Request Donations

*Bruce Hochstadter*

*Diane Honick*

*Dr. Judith Krieger*

*Richard & Robin Lefkovits*

*Saul Lessler & Julia Newman*

*Sylvia Leventhal*

*Gary Lieb & Cathy Kim-Lieb*

*Harriet Lit*

*Barbara Michaels*

*Libby Pierce*

*Stanley & Loretta Reshes*

*Muriel Rosenkranz*

*Frank & Marilyn Seiden*

*Don & Mildred Seidler*

*Mike & Clarice Shapiro*

*Betty Stallman*

*P. & Celia Teitell*

*Arthur & Fran Titen*

*Doris Weinberg*

*Ruth Weiss*

*Jim & Allyson Williams*

*Alan & Marcia Zarkin*

*Seymour & Myrna Zimmerman*

# July Members' Yahrzeits

## Friday, June 28th for

### June 23-29 (Tammuz 15-21)

Mark Schwade ...Father of Bonnie Shubb

Sol Shye\*\* ...Father of Lihi Gershater

David Jacobs ...Nephew of Zelda Greentree

Bessie Woolf ...Mother of Claire Goldstein

Sol Mesirov\*\* ...Father of Fred Mesirov

George Schneiderman ...Father of Natalie Rosen

Joseph Redman ...Father of Nancy Borelli and

Grandfather of Sarah Scheerger

Florence Weiss ...Aunt of Gloria Brodie

David Pollock ...Uncle of Gloria Brodie

Abe Epstein ...Father-In-Law of Bernice Epstein

Fay Baker ...Mother of Barbara Hoff, Mother-In-Law of Alan Hoff

## Friday, July 5th for

### June 30-July 6th (Tammuz 22-28)

Albert Brooks ...Father of Gloria Brodie

Norman Nussbaum ...Grandfather of Danalynn Pritz

Sidney Dick ...Father of Mel Dick

Bernard Graham ...Uncle of Deborah Blum

Rae Hochberg ...Mother of Betty Fink

Cecilia Levin\*\* ...Wife of Richard Levin

## Friday, July 12th for

### July 7th-July 13th (Tammuz 29 - Av6)

Joseph Schectman ...Brother of Phyllis Mandel

Irwin Greentree ...Husband of Zelda Greentree

Henrietta Meyer ...Grandmother of Richard Lefkovits

Betty Tashman ...Grandmother of Alison Grossmann

Harry Varah ...Father of Bernice Epstein

Ruchel Kreitzer ...Mother of Shlomo Kreitzer

Sally Titen ...Mother of Arthur Titen

Henry Fischler ...Father of David Fischler

Jennie Stolman ..Mother of Betty Stallman

## Friday, July 19th for

### July 14th-July 20th (Av7-13)

Irving Johnson ...Husband of Dorothy Rosenfeld

Aaron Beckerman ...Grandfather of Sandra Goodwin

Albert Carmona ...Husband of Della Carmona

Fred Saleh ...Father of Joseph Saleh

Alvin Green ...Husband of Sharon Green

## Friday, July 26th for

### July 21st-July 26th (Av14-20)

Manny Cohen ...Stepfather of Alan Crane

Owen Desenberg ...Husband of Raja Desenberg

Phillip Garber ...Brother of Ruth Fridberg

Ada Bloom ...Mother of Doris Weinberg

Fortunee Carmona ...Mother-in-Law of Della Carmona

Mark Bach ...Grandfather of Sarene Wallace

## Friday, Aug. 2nd for

### July 27th-Aug. 3rd (Av21-27)

Rae Schechtman ...Mother of Phyllis Mandel

Glen Wallace ... Father of Ron Wallace

Fran Greenwald-Frank ...Mother of Deborah Blum

Lena Beckerman ...Grandmother of Sandra Goodwin

Joshua Freifield ...Father of Max Freifield

\*\* Name on the Yolanda Cramer Memorial *Yahrzeit* Board.

z"l In blessed memory.

The Temple's *Yahrzeit* Board has spaces available for remembering loved ones who have passed away. The requested donation for memorial plaques on the *Yahrzeit* Board is \$360.00 per plaque.

*Note: The above listings cover honorarium, tribute, and fund donations received between May 22nd and June 21st.*

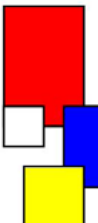
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## TEMPLE NER AMI HOLIDAY BOUTIQUE

At the Temple - Sunday, October 20th

Vendors Needed! - Please call Bobbe Jacobs for details



*Oy Veygas!*  
Oct. 12, 2013

Help me, help you, **HELP US!**

We're looking for prizes & silent/live auction items. We need your help!

### July Outside Organization Meetings


**CITY OF HOPE**  
Board Meeting, Mon. 7/22 9:30am  
No Regular Meeting in July  
Joan Rines, Co-President - 805-987-2147  
Al Schwartz, Co-President - 805-482-4299



**NARCOTICS ANONYMOUS**  
Tues. Men & Womens Meeting 7-8:15 pm  
Wed. Men & Womens Meeting 7-8:15pm  
Sat. Men & Womens Meeting 6:30-7:30 pm  
Sunday (Men only) 7-8 am

**ORT**  
Board Meeting- Tuesday, July 2nd - 10am  
General Mtg. (See above) Thursday, July 25th, Noon  
To RSVP for lunch call Silvia Lippe at 805-987-4477  
For info call Shirley Law, 805-987-5468 or  
President, Cynthia Urbach - 805-419-4403

# TEMPLE NER AMI - July 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30 5p Israeli Scouts Performance	Jul 1 7p High Holy Days Choir Practice	2 10 ORT Board Meeting	3 12p Torah - Women's Perspective 1:30p Everyday is a New Beginning	4 4th of July Holiday - Office Closed 	5 7:30p Shabbat Service 7:54p Candle lighting	6 9 Torah Study Class 10 Shabbat Morning Service
7	8 7p High Holy Days Choir Practice	9 11 Eager Readers Book Club	10 12p Torah - Women's Perspective 7p Board of Directors Meeting	11	12 7:30p Birthday/Anniversary Shabbat with Bor. 7:52p Candle lighting	13 9 Torah Study Class 10 Shabbat Morning Service <i>Camarillo Fiesta</i>
14 <i>Camarillo Fiesta</i>	15 7p High Holy Days Choir Practice	16 <i>Tish'a B'Av</i>	17 1:30p Everyday is a New Beginning	18	19 7:30p Shabbat Service 7:49p Candle lighting	20 9 Torah Study Class 10 Talmud Class
21	22 9:30 City of Hope Board Mtg. 7p High Holy Days Choir Practice	23	24 12p Torah - Women's Perspective	25 12p ORT General Meeting 7p Sisterhood Mah Jong evening	26 5:30p Tor Shabbat Program 6p Bring Your Own Dinner 7p Family Shabbat Service 7:45p Candle lighting	27 9 Torah Study Class 10 Talmud Study
28	29 7p High Holy Days Choir Practice	30	31 1:30p Everyday is a New Beginning	Aug 1 10 ORT Board Meeting	2 7:30p Shabbat Service 7:39p Candle lighting	3 9 Torah Study Class 10 Shabbat Morning Service

Go to [www.TempleNerAmi.org](http://www.TempleNerAmi.org) for the latest Calendar Information!



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## TEMPLE NER AMI Appreciates Your Continued Support!

If you would like to make a contribution, the following funds are available. All donations are graciously accepted. The Temple's appreciation of your donation of **\$36** or more will be published in the following month's **MEGILLAH**:

- \_\_\_ Temple General Fund
- \_\_\_ Temple Building Fund
- \_\_\_ Newman Scholarship Fund
- \_\_\_ Irv Dubin Teen Scholarship Fund
- \_\_\_ Rabbi's Discretionary Fund
- \_\_\_ Temple Music Fund
- \_\_\_ Art Fund
- \_\_\_ Sigmund Jaffe Memorial Library Fund
- \_\_\_ Temple Prayer Book Fund
- \_\_\_ Social Action Fund
- \_\_\_ Cantor's Discretionary Fund

The **MEGILLAH** is published monthly for members of TEMPLE NER AMI. Complimentary copies are available by contacting the Temple Office.

Suggested donation for non-members is \$36.00 per year. Make your check payable to Temple Ner Ami.

For information call 805-388-3824, or eMail your request to:  
[admin@templenerami.org](mailto:admin@templenerami.org)

Submission date for all material:  
**15<sup>th</sup> of each month**

**In honor of:** \_\_\_\_\_

**In loving memory of:** \_\_\_\_\_

**From:** \_\_\_\_\_